



P.O. Box 432 Traverse City, MI 49685-0432 USA • PHONE (231) 947-2141 • FAX (231) 947-0628 • EMAIL glit@glit.com • WEB www.glit.com

Product Name: Dried Blueberries

Ingredients:

Blueberries, sucrose, sunflower oil

Nutrition Facts			
Serving Size	46 g	1/4 cup	
Servings Per Container		Varies	
Amount Per Serving			
Calories	160	Calories from Fat	0
% Daily Value*			
Total Fat	0 g		0%
	Saturated Fat	0 g	0%
	<i>Trans</i> Fat	0 g	
Cholesterol	0 mg		0%
Sodium	5 mg		0%
Potassium	65 mg		2%
Carbohydrate	38 g		13%
	Dietary Fiber	5 g	20%
	Sugars	20 g	
Protein	<1 g		
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			2%

*Percent Daily Values are based on a 2,000 calorie diet.